

The Ebenezer Mile

Saturday, 21 March 2020

Online Entries Close: 19 March 2020 24h00

Online Entries: Mile R180; 3000m R180; 500m R100; T-shirts R140

Rules and Points of Note:

- Please enter the name of your swimming association (club/school) on the Entry Form
- All competitors must register/ confirm their entry on the day of the swim
- Registration opens at 8h00am. Please try to register 60-90 minutes before the start of your event
- Late entries will be accepted up to 30minutes before the start of your event
- No substitutes or unofficial entries are permitted
- Competitors swimming in an event for which they don't qualify by gender or age will get a time but not a placement
- No refund will be made to any entrant who withdraws
- Wet suite, swimming aids and any other forms of assistance are not permitted
- Maximum time for completion: 55minute for a mile and 90 minutes for 3000m
- The minimum age for 3000m is 11 years
- The swim/ event may be cancelled or postponed on the day if the Safety Officer deems conditions to be unsafe
- No refunds in the event of the swim being cancelled for whatever reason. All proceeds go the charity.
- All competitors swim at their own risk. By entering for your event, you, your parents or your guardians absolute and indemnify Rotary International and the Lepelle Northern Water from any liability in the event of injury, death or loss of any kind as a result of taking part in this event.
- Any competitor who fails to obey these rules will be disqualified.
- Appeals will only be considered within 15 minutes of posting the results at the event
- The referee's decision is final and no correspondence will be entered into
- Swim times will be posted to www.rotaryhanertsburg.co.za

EVENT 1: 11:00 to 11:55 Mile Open Swim Female Entrants Only
2 Categories: 13 years and younger, 31 years and older

EVENT 2: 12:00 to 12:55 Mile Open Swim Male Entrants Only
2 Categories: 13 years and younger, 31 years and older

EVENT 3: 13:00 to 13:55 Mile Open Swim Male & Female Entrants
2 Categories: Female: 14-30 years Male: 14-30 years

EVENT 4: 14:00 to 15:30 3000m Open Swim Male & Female Entrants
SSA Qualification event, 11 years and older

EVENT 5: 14:00 to 14:45 500m Open Swim Male & Female Entrants
All ages

PRIZE GIVING: One hour after your swim category
Manual timing of event by TIME ME

FIRST NAME _____ SURNAME _____

E-mail _____
Address _____ Cell no: _____

Swimming Association (Club/
School): _____

Date of Birth: _____ Age on day of swim: _____ Gender(please tick): Male: _____ Female: _____

LATE ENTRY on the day (please tick)	EVENT 1: Female 14+>30- Mile Cost R200	EVENT 2: Male <14+>30 Mile Cost R200	EVENT 3: Male & Female 14-30yrs Mile Cost R200	EVENT 4: Male & Female 11yrs plus 3000m Cost R200	EVENT 5: Male & Female All ages - 500m Cost R120
Category:	Female:	13yrs and younger	14-30 yrs	31yrs and older	
	Male:	13yrs and younger	14-30 yrs	31yrs and older	

Only limited number of T-shirts will be available on the day of the swim - please order on line, with correct size.

By entering this event, I have read the Rules and Points of Note and hereby agree to abide by them.

I undertake to swim at my own risk.

Participant/ Guardian

Signature: _____